



ST. CHARLES CWL NEWSLETTER

April 2023

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.



From The President's Desk

I hope you were able to spend some time with friends and family during Easter. Spring is starting to warm up and buds are coming. I am looking forward to greener days. We have served 3 funerals since we restarted this ministry. Each time the ladies are glad to come out and see each other. We are being renewed with reconnecting. Our Funeral Lunch Ministry has also become an outreach to members who are isolated. Although you may not be able to come and work, consider coming out for a coffee just to reconnect. Funerals are usually at 11am which gives us a change to sit and have coffee until serving time.

Katherine Tarras and I are attending the Spring Convention in Red Deer to represent our members, we look forward to the speakers and will have more updates after the weekend.

Please come out for our **May** meeting as one of our Diocesan representatives, **Mariette Hout** is coming to share with us about the CWL Unity Outreach program. Mariette is known for her witty jokes. **Mark your calendars to attend our May General Meeting on Tuesday, May 16th at 7 pm upstairs in the church to meet our speaker.**

If you need to reach me, please call my cell phone at **(780) 916-2414**.

Blessings,
Rita Pfefferle, President



QUICK LINKS

National Website: www.cwl.ca

Provincial Council Website: www.cwl.ab.ca

Diocesan Council: www.edmontoncwl.org

Sunday, May 14th is Mother's Day.



Funeral Lunches

On April 13th, 2023, the Funeral Lunch Committee catered a funeral lunch. There were approximately 110 people in attendance. Eleven CWL ladies looked after the preparation and serving and six Knights helped with the clean-up.

On April 18th, 2023 there was another funeral lunch. Nine CWL ladies looked after the preparation and four Knights helped with the clean-up.

Thank you to all who helped out with this important ministry.

Any members who are interested in becoming a volunteer for the Funeral Lunch Committee may contact Rose Hearn at 780-915-0166 or email her at khearn@live.com.



Just a reminder that our Council will host a bake sale on **June 10th and 11th**, in conjunction with the sale of items from the Carmelite Nuns. All baked goods, including loaves, muffins, bread, etc. will be gratefully accepted. Please contact Katherine Tarras if you can help, or have any questions. katarras@shaw.ca



Mark Your Calendar! June Social - June 20th

The theme for this year's social is "Victorian", based on the series "Downton Abbey".

Downton Abbey is based in 1920 England which was also the flapper years. So, dig out your pearls, your lace dress or your flapper dress and join us for a catered supper, good company and a fun evening as a wrap-up of our CWL events before we break for the summer. Watch for more information next month.

**Yvette d'Entremont
June Social Convenor**

Join or Renew
your membership

For those who haven't yet paid your 2023 membership (now \$40) it's not too late; we can accept membership payments for either the current year (2023) or prior year (2022-\$30) up until October 2023; just prior to starting next year's membership drive.

Fees can be paid by:

- Mailing Bea Spatafora Organization Convener
14407 130 St, Edmonton, AB T6V 1E2*
- Dropping envelope in the offertory basket at mass, or leaving at the parish office
- E-transferring \$ to Bea at bspat@shaw.ca
- Bringing cash/cheque to a general meeting

For questions please contact Bea at 780-399-9459.

***Please do not send cash through the mail AND, be sure to include your name, address & phone # with your remittance.**

**Bea Spatafora
Organization Convener**

Laughter is Good for the Soul

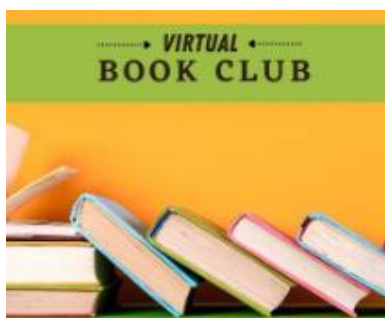
A boy read a restaurant sign that advertised fat-free French fries.



"Sounds great," said the health-conscious boy. He ordered some. He watched as the cook pulled a basket of fries from the fryer. The potatoes were dripping with oil when the cook put them into the container.

"Wait a minute," the boy said. "Those don't look fat-free."

"Sure they are," the cook said. "We charge only for the potatoes."



CWL Virtual Book Club

Fun Fact

Reading for just 6 minutes each day can help reduce stress by up to 68%, study finds.

A 2009 study at the University of Sussex found that reading can reduce stress by up two thirds – making it a much more efficient relaxation method than listening to music, drinking a hot cup of tea, or even taking a walk.

Participants who engaged in just six minutes of reading for pleasure were found to have a significantly slower heart rate and reduced muscle tension.

NEXT BOOK CLUB MEETING: Thursday, May 25th

Sharing the Words From Our National Sisterhood Map

CHANGE

5

Are you ready to transform your spiritual life, serve others and act on social justice issues? This change is possible when you join the Catholic Women's League. It has all these values at the heart of its mission.

CHARITY

6

Catholic Women's League councils provide an opportunity for others to contribute monetary aid through fundraising activities that create awareness and community building. Be part of this organization that gives to others.

Important Dates

May 16th

Outreach Program

June 2nd – 3rd

June 10th & 11th

Tuesday, June 20th

Thursday, October 19th

Friday, October 20th

Saturday, October 21st

Tuesday, December 12

**General Meeting – Guest Speaker –
Marianne Hout – Topic: CWL Unity**

Provincial Convention (Edmonton)

Bake Sale

June Social

Bazaar Prep & Set-up

Bazaar Prep & Set-up

Fall Tea & Bazaar

Christmas Social



OUR LADY OF VICTORY CAMP ON GULL LAKE

**BACK FOR
2023!**

SATURDAY, JULY 8
GRAND RE-OPENING BBQ
(ALL ARE WELCOME)

JULY 9-13
HIGH SCHOOL CAMP
(GRADES 10-12)

JULY 16-20
ELEMENTARY CAMP
(GRADES 4-6)

JULY 30-AUGUST 3
JUNIOR HIGH CAMP
(GRADES 7-9)

AUGUST 6-10
ALL AGES CAMP
(GRADES 4-9)



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ENCOUNTER CHRIST, ENCOUNTER COMMUNITY, ENCOUNTER CREATION

ST. CHARLES CWL PRAYER LIST

April 2023

*Please pray for our CWL members and our Council
and for seminarian Ben Wilkins on his journey to respond to God's call*

*Prayers for peace in the Ukraine
Prayers for doctors, nurses, LPNs, and all health workers
Prayers for Pope Francis*

For those who are sick and all who look after them:

Georgie Alexander (sister of Kathy Martel)
Larry Belanger (husband of Norma Belanger)
Margaret Bernard
Noella Biollo (Evelyn Radostits' daughter)
Father J.D. Carmichael
Jacqueline Cuerrier
Melissa Cuerrier (daughter of Jacqueline Cuerrier)
Margaret, Mary & Peter Gartner (siblings of Rose Potter)
Matt Klassen (Lynn Cristini's grandson)
Annet Maitwe and AIM school
Hope Maitwe & baby Ryder (daughter of Annet Maitwe)
Rafael Martel (grandson of Kathy Martel)
Marie Phillips
Evelyn Radostits
Gemma Roque
Mark Pagtakham (Gemma's nephew)
Liesse Saldanha
Agnes Sam
Marlene Schmidt
Bea Spatafora
Marie Strauss (Kathleen Oswald's sister)
Faye Tkachuk
Lily Webb
Mary Ziska
Celine deVries-Stadler (Marie-Paul Petersen's daughter)
Bernard Bouma (brother of Katherine Tarras)

For those who have died and all who mourn them:

Sister Tarcienne Meunier, fj (sister of Olive Byer)
John Bucci (husband of Simone Bucci)
Dianne Vrapcenak (sister of Mary Ziska)

*Please contact **Kathy Martel** at 780-456-0760 or Kmartel780@gmail.com to add names.*

